

Community Nursing Innovation Programme
Showcase Event
SUMMARY

Friday 4 March
1.30pm - 3.30pm
Via Zoom

Chair's welcome

Dr Crystal Oldman CBE, QN, RN, RHV, Chief Executive, The QNI

- 'The QNI has 30 years of supporting Innovation Projects'
- 'Nurses spend the greatest amount of time of all clinical professionals with the people they care for.'
- 'Nurses come up with great ideas for improving the lives of the communities they serve and the QNI can help develop skills in innovation project management.'
- 'An evaluation report was written of the QNI's Innovation projects from 2005 to 2015, called 'Rising Stars' (<https://www.qni.org.uk/resources/rising-stars-evaluation/>) and the scale and spread of the 100 projects featured was amazing, they all had sustainability.'
- 'For more information on how to apply for the new cohort of projects, go to <https://www.qni.org.uk/explore-qni/nurse-led-projects/partnerships-for-innovation/> - Closing date is 29th April 2022.'



1. Overview of QNI Community Nursing Innovation Programme

Sue Boran, QN, MSc, RN, DN, RNT, Director of Nursing Programmes (Innovation) QNI

- 'I joined in 2018 and over the last 5 years we've managed the following projects: men's health; homeless and inclusion health; frailty; people with a learning disability; people with complex needs; personalised care; gardens and health.'
- 'Our Innovation Programme offers a lot: 1 year of support, 3 two-day workshops, monthly online support meetings, peer support, site visits, email and phone contact as required, dedicated financial support and guidance, support from the QNI communications team, and a password protected area on the QNI website.'
- 'One of the recent project leads told me that being part of the Innovation Programme was like a dream come true.'
- 'We want more nurses to have the opportunity to do this with us. You can now purchase places on our next cohort which starts in June. Applications are open now, to any nurse with a great idea who want to improve health and wellbeing outcomes. Look at your budgets, look at your underspend CPD money.'
- 'Please do contact me with any ideas you have for an innovation project, I would be happy to help: sue.boran@qni.org.uk'



2. Innovation Projects Presentations

Gerard Wainwright, Nursing Manager, St Anne's Community Services

- Gerard's project was about Unsafe Swallow in people with Learning Disabilities - to view a short film about the project, go to <https://www.qni.org.uk/explore-qni/nurse-led-projects/learning-disabilities/>
- 'The ripple effect of these projects can be extremely influential. The momentum of the project - a year later - continues to grow.'
- 'We had 500 views in February alone, we were picked up by a team in Australia, that's how wide the impact can be. It's been really enjoyable to be part of the project, I would recommend it to anybody. We all have ideas, unfortunately sometimes they don't always happen, but being part of the innovation programme makes them happen.'
- A film featuring Gerard's description of the project will be posted shortly.



2. Innovation Projects Presentations

Lola Soloye, QN, Senior Practice Nurse, XXP Health Centre

- 'Our project improved the nutrition and hydration in our residential care home. We provided enhanced care weekly visits to 42 residents.
- 'Our aim was to reduce malnutrition by using social prescribing methods enabling our residents to enjoy a healthier, happier life as well as making cost savings by reducing prescription medication.'
- Feedback from the project:
- 'I felt that it made it safe to rely on the care home staff to do and interpret observations to send us and discuss over video consultations. They were empowered to action weight loss quickly and refer to the dietician if need be.' Sarita Gorolay, GP
- 'I was impressed that the care workers knew how to recognise deterioration of health.' Shermin Merali, GP
- 'The nurses have done a fantastic job of de-prescribing oral nutritional supplements.' Sahdiyya Moghal, Practice Pharmacist.



2. Innovation Projects Presentations

Kendra Schneller, QN, Nurse Practitioner, Health Inclusion Team - Vulnerable Adults and Prevention Services, Guy's & St Thomas NHS Foundation Trust

- 'We know that people who sleep rough are more likely to use A&E as their primary care services, more hospital admissions, longer hospital stays. We wanted to address that.'
- 'We had great outcomes. One gentleman who slept in a Lidl carpark, we found out he was insulin type 2 diabetic, sleeping rough for about 3 months. He was admitted to hospital and was later discharged into emergency accommodation. Great feedback from him.'
- 'During time in project, we were featured on BBC news, in The Times newspaper, in local newspaper. I presented the project to the Mayor of London. We also received recognition from our trust and we won specialist nurse of the year that year. It was an incredible journey.'
- 'The support from the QNI was amazing. The workshops, they help you hone the aims and objectives, highlight your reasons for the project and help you make that resonate with decision makers. It has led me on to many things, opened many doors for me. So grateful and humbled that this project was chosen and that it continues today. I would urge anyone to apply for this.'



3. Demonstrating Value, Evaluation Outcomes

Karen Naya, Independent Consultant

- 'My role is help participants by empowering them to tell their own stories and their impacts and to tell that in the most engaging way possible. It's about the projects.



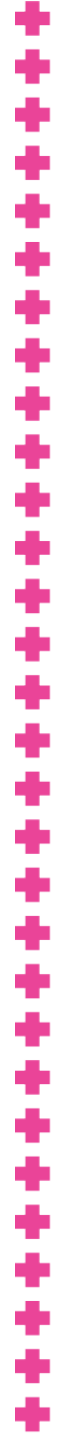
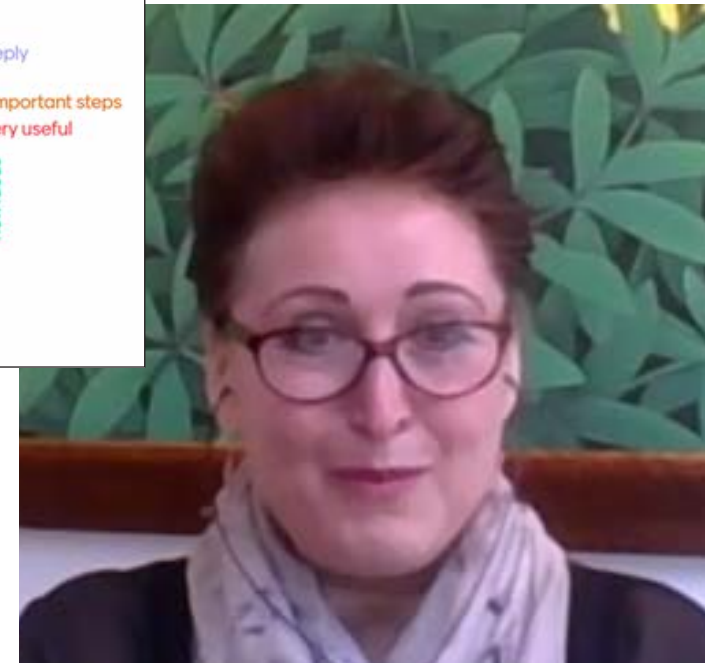
Consultant in demonstrating value and economic assessment, coach in service improvement

Expertise:

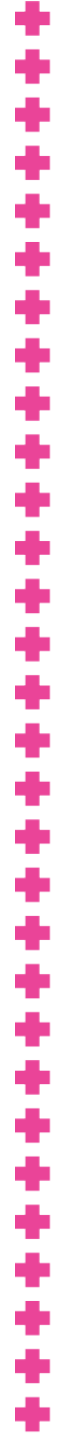
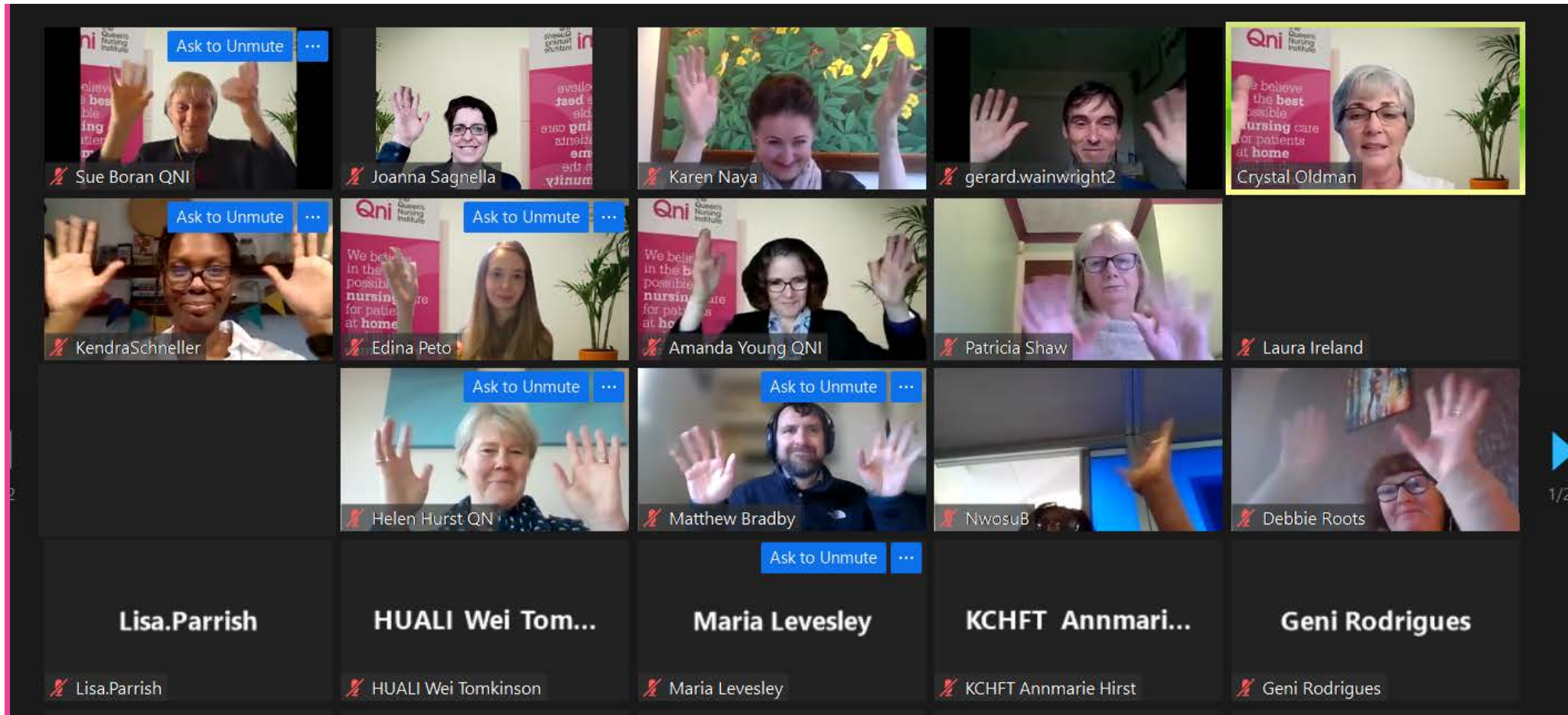
- Masterclasses and workshops in economic assessment
- Tailored sessions for hundreds of clinicians, managers, leaders and policy makers
- Personally coached nearly 200 nurses in over 9 years, to demonstrate their value and deliver improvement projects and innovations
- Deep insight into community services, roles and context

Impact:

- Transform local care
- Grow as more effective leaders
- Together, we've identified millions of pounds worth of impact and benefit across health, social care and other networks
- Helped participants secure hundreds of thousands of pounds of funding to sustain services
- Long term impact



Thank you to all delegates who attended the Showcase event



COMMENTS

A selection from delegates:

'What an inspirational afternoon, thank you for sharing your projects!'

'Thankyou everyone - the speakers were outstanding.'

'Thank you. It has given me food for thought!'

'Thank you to all the inspiring speakers!'

'This has been such an inspiring session and I hope to go back and chat to a couple of colleagues about some ideas we have. Thank you so much.'

'Many thanks for this inspiring afternoon.'

'Thank you so much - so interesting and inspiring'

'Inspiring session which has definitely got me thinking. Well done all !'

'It is all very inspiring and that we can develop our ideas. QNI innovation program team is like the Dragon's Den for community nursing!'