

HomeVisit

News for supporters of the QNI

The charity dedicated to improving patient care by supporting nurses working in the community



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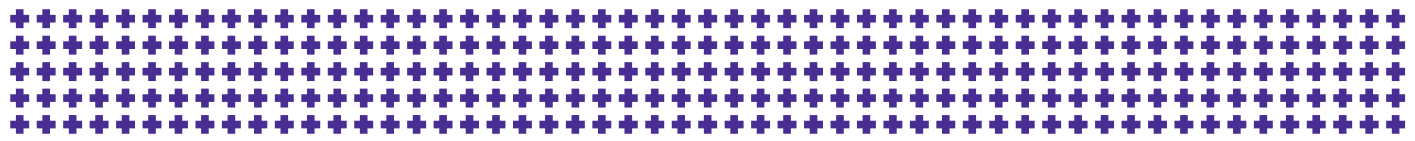
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Telephone Support Line for Community Nurses receives major boost from CHSA



The QNI's TalkToUs telephone listening service has received a major funding boost from a new charity set up to support the Health and Social Care sector, called Covid-19 Healthcare Support Appeal (CHSA).

CHSA has provided a grant of almost £49k to help expand the service, which has been running since May 2020.

TalkToUs was set up by the QNI to offer emotional support by phone to registered nurses working in the community, primary and social care. The QNI's trained listeners are all Queen's Nurses who are available to speak to nurses about any aspect of their work or personal life, in complete confidence.

We have been very concerned about the mental and emotional toll on the health of nurses since

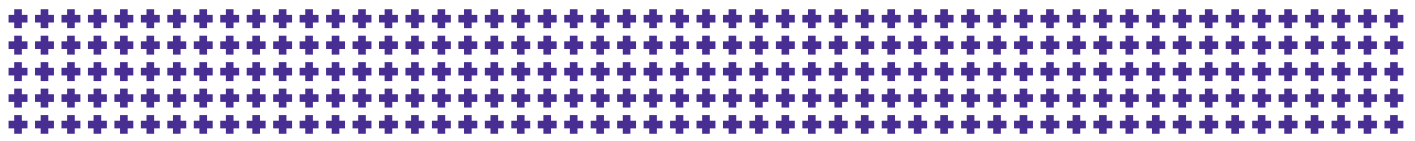
the start of the pandemic. The QNI was quick to respond to this, setting up a telephone listening service for all nurses working in the community, primary care and social care. We were fortunate to have considerable expertise within the QNI team in the field of telephone support lines, and the dedication of our Queen's Nurses to become trained as listeners, offering a confidential ear to any nurse who wants to talk about work or personal life.

Dr Crystal Oldman CBE, the QNI's Chief Executive said, 'Concerns about the mental and emotional health of nurses have only grown as the third wave of the pandemic has worsened in recent weeks. The impacts are likely to be long term, lasting far beyond the duration of the pandemic itself. We are therefore delighted to have received this major funding boost from CHSA, which will help us reach out to more nurses and give them the vital support they need at this time and in the future.'

Susan Dolton, Charity Manager at CHSA said, 'We are very glad to be able to support the TalkToUs Listening Service. Nurses working in the community and social care have taken on a huge extra burden since the start of the pandemic, and we are very pleased to be working with the QNI on this bespoke and much needed initiative.'

To find out more about TalkToUs, go to www.qni.org.uk/help-for-nurses/talktous/





QNI publishes resource for community nurses caring for people living with Covid-19 (Long Covid)



The QNI has published a resource for community nurses caring for people living with Covid-19.

Commissioned by NHS England and NHS Improvement, the resource is called 'Living with Covid-19 (Long Covid) and Beyond'. It provides information to support nurses working in community, care homes and primary care and also to the wider multi-disciplinary team including clinical knowledge, care responses and skills when caring for people during their recovery and rehabilitation.

It is predicted that there will be a 'new wave' of physical, mental and emotional health challenges as individuals enter recovery from Covid-19 infection – and for some this is combined with issues resulting from the social and economic impact of lockdown, such as isolation and unemployment.

The resource also aims to help nurses assist people, families, carers and employers to work towards managing post Covid-19 symptoms, regaining everyday life activities and returning

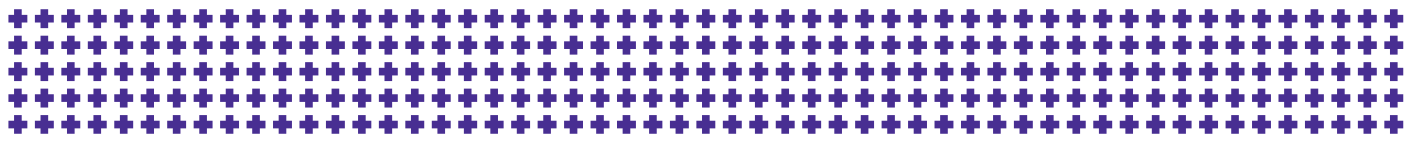
to independent living wherever possible. It includes information on physical care, psychological and neuro-psychological care, social impact and features several case studies.

Sharon Aldridge-Bent, the QNI's Director of Programmes (Leadership) who led on the development of the resource, said, 'The resource was led and developed by community and primary care nurses, including district and general practice and school nurses, end of life specialists, mental health and safeguarding nurses. There was additional input from both occupational health nurses, physiotherapists and occupational therapists. The expert reviewers worked collaboratively and contributed with their experiences from working with people living with the long term effects of Covid-19.'

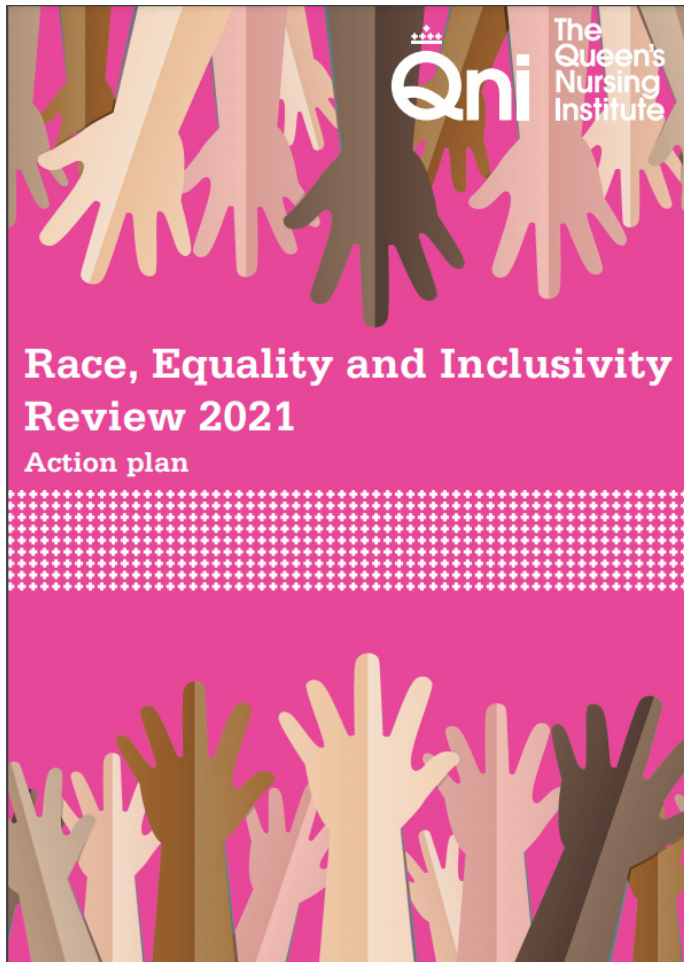
Dr Crystal Oldman CBE, the QNI's Chief Executive said, 'The QNI is delighted to have been commissioned by NHS England and NHS Improvement to develop this important new resource. It has been co-produced with expert nurses and the wider multi-disciplinary team who are currently working in the community supporting people living with the long term effects of Covid-19. The resource will continue to be added to as more information and evidence emerges about caring for people in the community with Long Covid symptoms. In addition, the QNI is planning to develop a Community of Practice to support community nurses and the wider multi-disciplinary team, focussed on caring for people with Long Covid in every community setting, and including their family and carers.'

To read the resource, go to www.qni.org.uk/news-and-events/news/qni-publishes-a-resource-for-community-nurses-caring-for-people-living-with-covid-19/





QNI publishes Race, Equality and Inclusivity Action Plan



The plan contains specific and measurable targets, including that 10% of new Queen's Nurses who receive the title this year are from a Black, Asian or Minority Ethnic (BAME) background.

An Equality Impact Assessment will be applied to all new and existing QNI policies during 2021, and a further review will be undertaken this year and the Action Plan updated for 2022.

Professor Ami David MBE said, '2020 brought a much needed and renewed spotlight on race inclusivity and equality in the world generally and specifically in healthcare. The QNI has taken the opportunity to lead the way for nursing in reviewing its own practices and ways of working. I consider it a privilege to have led this timely review and delighted to note and endorse the positive steps outlined in the Action Plan.'

Dr Crystal Oldman CBE, QNI's Chief Executive said, 'We embrace a culture of inclusion and are fully committed to promoting and achieving diversity and equity in all of our professional networks and in our interactions as a charity, both internally and externally. Championing diversity is an issue that matters deeply to us and as a team we are dedicated to living these organisational values and challenging prejudice and racism. It is of huge importance that all QNI programmes reflect the diversity of the nursing workforce in the UK, in the interests of social justice, the principle of equality of access, and to enable us to fulfil our goals and mission as a charity. This is an ongoing process and we look forward to working with nurses and partner organisations to achieve the ambitions in the Action Plan.'

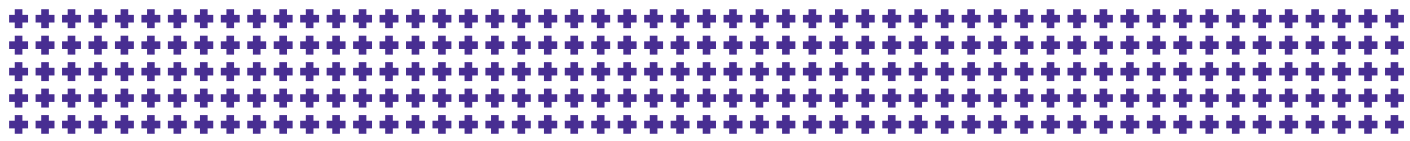
In summer 2020, the QNI undertook the first formal Race, Equality and Inclusivity review, led by QNI Fellow and Trustee Professor Ami David MBE. The results of the Review were presented to the QNI's Council in September 2020, and in response the charity has now developed a full Race, Equality and Inclusivity Action Plan for 2021.

The Action Plan focuses on and responds to each of the recommendations of the 2020 Review document, which were accepted in full by the QNI's Council. The 13 recommendations are grouped into three organisational themes:

1. QNI structure and culture
2. QNI operational work
3. QNI as an influencer.

To read the report, go to www.qni.org.uk/wp-content/uploads/2021/01/Race-Equality-Inclusivity-Action-Plan-2021-2.pdf





Financial Assistance and Education Grants for Community Nurses

In the last 12 months we have helped 100 working and retired community nurses with our financial assistance programme.

This programme can help community nurses, midwives and care home nurses who have been financially impacted by a life changing event, illness, or face a loss of income. We are able to provide grants to help alleviate financial stress and hardship and help those in need to meet the challenges of their situation.

If you, or a community nurse you know, are in financial difficulties please email justine.curtis@qni.org.uk, to see how we can help.

The QNI Education grants programme supports district and community nurses wishing to further their knowledge and nursing skills by taking CPD courses and higher academic qualifications, but are unable to access the funds to do so.

In 2020 the QNI awarded education grants to 30 nurses, towards courses and modules ranging from CPD courses in Infection Control, Spirometry and Diabetes etc. through to those studying for higher academic qualifications such as MSc dissertations.

If you know a community nurse who would like to know more about our education grants, please email joanne.moorby@qni.org.uk.

QNI publishes new Covid-19 Impact Report



The QNI has published a new impact report, 'How we Helped during the Pandemic' illustrating the significant impact Covid-19 had on

the charity and showing how it adapted to continue providing much-needed support to community nurses and to the people, families and communities they care for.

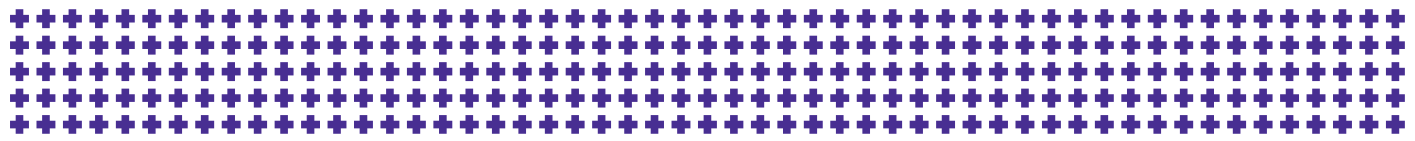
New initiatives created during the pandemic include a new listening service, TalkToUs@, launched to give emotional support by phone by trained listeners; a regularly updated Coronavirus information centre on the QNI website; new Covid-19 grants for nurses in financial need; several bespoke guidance resources including gathering innovative Covid-19 case studies from community nurses nation-wide; a new Facebook group for Care Home Nurses; and more calls to retired Queen's Nurses through the Keep In Touch project. Landmark events including the QNI annual conference, were

successfully transferred online and regular consultations, meetings and teleconferencing calls were made with the charity's numerous stakeholders, including governmental bodies. Through its Community Nurse Executive Network, the QNI engaged with community and integrated provider organisations on a monthly basis, enabling learning to be shared around the country and with key policymakers.

Dr Crystal Oldman CBE, QNI's Chief Executive said, 'We are working in extraordinary times and community nurses are doing an extraordinary job to protect the health of people, families and communities everywhere. All nurses working in the community are demonstrating the need for excellent community nursing is as great as ever and its opportunities are only growing as we adapt to today's challenges. We are delighted to be able to support them during this challenging period and we remain here to guide, champion and advocate for them as we have for the past 132 years.'

To read the report, go to <https://www.qni.org.uk/wp-content/uploads/2021/01/Covid-Impact-Report-2020-1.pdf>





New Education and Practice Standards for Care Home Nurses Launched

The first ever standards for nurses working in residential homes have been published by The QNI. The standards are augmented by a Practice Portfolio developed with Skills for Care. The QNI was commissioned by NHS England and NHS Improvement (NHSE/I) to develop the new standards to support the transition of a Registered Nurse who is new to working in the Care Home sector. The new Standards were launched at a meeting of the QNI's Care Home Nurses' Network on 29th January 2021.

Currently there are 36,000 registered nurses employed by adult social care (Skills for Care 2019/20; NMC 2019) and the care required by residents is becoming more complex and technologically sophisticated. This requires the registered nursing staff to be skilled, knowledgeable and competent in caring for this group of people.

There has been a realisation across the health and care sector that nursing staff working in care homes support a unique area of practice and a very high level of responsibility in delivering care in settings that are complex and can involve multiple issues of physical and mental health dependency among residents. This has been brought into even sharper focus by the pandemic and we have seen a greater focus on care homes than ever before in the past year. Government and system leaders realise that care homes are at the very centre of the health and social care system in every community in the UK and touch the lives of millions of individuals and families.

Sharon Aldridge-Bent QN, Director of Nursing Programmes (Leadership) at the QNI who leads the Care Home Nurse programme of work said, 'Our nurses in adult social care have been absolutely instrumental in helping our sector keep the people we work with safe and well during the pandemic. We still have high vacancy rates for nurses so these new standards will help attract Registered Nurses to choose to work in care homes and make

a smooth transition into roles that we know offer a huge degree of professional and personal job satisfaction.'

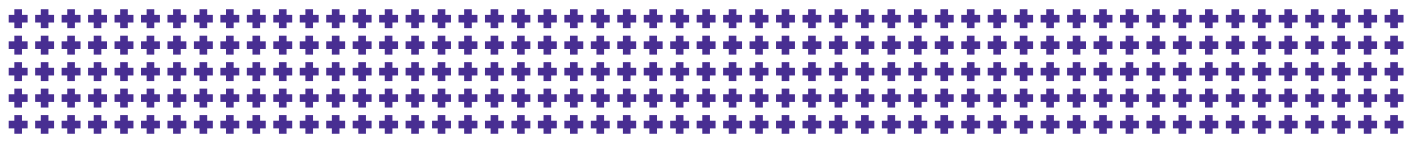
Oonagh Smyth, Chief Executive of Skills for Care commented, 'The new standards are a very welcome addition to the knowledge base of nurses working in the Care Home sector; it is a significant achievement that will help support high standards of learning, leadership and care delivery in Care Homes across the country.'

Professor Deborah Sturdy OBE, Chief Nurse for Adult Social Care in England said, 'The QNI has always recognised Care Home Nurses as highly valued members of the community nursing family. For the last five years we have focussed many of our programmes of work on supporting this workforce and providing opportunities for professional development. The well-established national QNI Care Home Nurse Network (supported by the RCN Foundation and the CNO for England) is a dynamic place for all Care Home Nurses to share and learn. Members of our network were vital to the development of the standards being launched today. I had the privilege of chairing the reference group for the standards development - a deeply committed group of nurses who shared the values of the QNI and were dedicated to supporting excellent care for each and every one of their residents. My thanks to them for their expert guidance and to NHSE/I for the funding which made it possible.'

Dr Crystal Oldman CBE, QNI Chief Executive, said, 'The QNI worked with a representative group of Care Home providers and commissioners to address and identify specific education and practice standards. The resulting standards are comprised of a set of benchmarks that can be used to assess the skills and knowledge that the Registered Nurse will need to demonstrate in the Care Home setting.'

To read the standards, go to <https://www.qni.org.uk/wp-content/uploads/2021/01/Standards-of-Education-and-Practice-for-Nurses-New-to-Care-Home-Nursing-2021.pdf>





Reminiscences from QN Delia Hudson



One day, as I parked my car outside a patient's house, on my way to a home visit, a woman came rushing out of her house towards me shouting:

'Nurse, Nurse – come quick – Charlie has fallen. Please come and help him!'

I dropped everything and hurried after the woman into her house. I expected to find a man lying on the floor – but as I entered the room there was no-one there. I turned to the woman and asked her where Charlie was – maybe he was upstairs?

'He's there, Nurse – look – please help him – he's fallen off his perch.'

And she pointed to a bird cage – with a budgerigar lying prone on the floor of the cage.

'There's Charlie,' she said.

Sadly Charlie was beyond help!

Delia Hudson, Queen's Nurse

QNI dolls



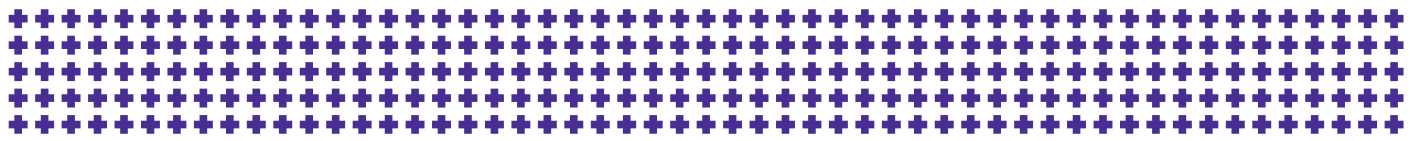
These two beautiful dolls have been knitted for The Queen's Nursing Institute by Marina Slater, partner of retired Queen's Nurse Ken Sinclair.

Marina started knitting when she was six, during the Second World War. Marina remembers how, because of the shortage of materials during and just after the War, wool had to be obtained by unpicking woollen garments to reuse the wool. Marina recalls holding the wool while her father wound it into balls – usually too tightly!

Marina's love of knitting has helped many charities – she makes blankets, toys, teddies – and now nurses! Marina designed the Florence Nightingale doll herself, complete with knitted lamp.

A huge "thank you" to Marina for these lovely dolls, which will be treasured by The Queen's Nursing Institute.





Obituary: Faith Redknap



a nurse in the operating theatre. Faith recalled being on a night duty at Bart's during the war and hearing the doodlebugs overhead – one landed on the hospital but luckily no-one was hurt.

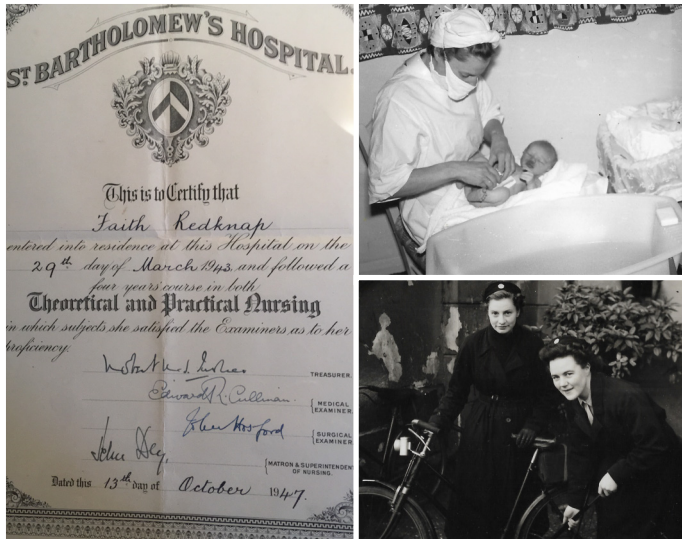
Faith was admitted to the General Nursing Council in July 1946, and passed her Theoretical and Practical Training Course in October 1947. In 1950 Faith passed the examinations for the Central Midwives Board and in 1954 completed her Queen's Institute training.

Faith worked on the Orient line ships taking emigrants (known as £10 Poms) to Australia via the Far East – she did four trips.

Faith then worked as a District Nurse in Knebworth, Hertfordshire in 1954 and qualified as a Health Visitor in 1956. In 1972 Faith moved to Eye, Suffolk, to work as a District Nurse, as she wanted to live and work in rural surroundings. Faith was awarded her gold Queen's Institute Long Service Badge for 21 years' service at St. James's Palace.

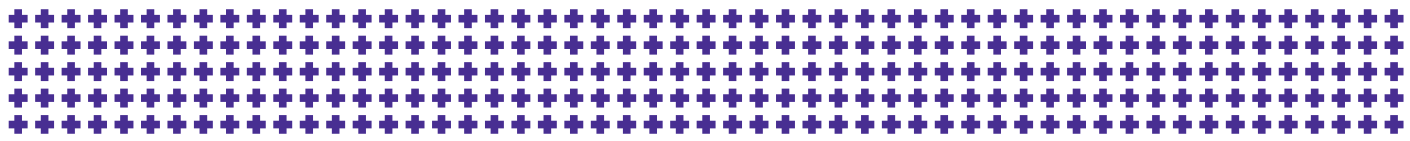
During her retirement Faith was very active as a member of a group of actors (known as the Knebworth Players) and acted in many of their productions.

Faith's latter years were spent at the Oaklands Care Home, Southwold, where she died on 17th December, 2020, at the age of 97.



Faith was born at The London Hospital, Whitechapel, on 30th March, 1923, and attended Northwood College, Middlesex. In 1943, Faith entered St Bartholomew's Hospital to train as





Obituary: Patricia Clayton (nee Burrell)



Pat became a Queen's Nurse in 1959 – the letter informing her of this reads:

'Dear Madam
I am directed by the Council to inform you that your appointment as a Queen's Nursing Sister has been approved by Her Majesty

Queen Elizabeth The Queen Mother to date 1st October, 1959, and to forward your certificate of enrolment. I enclose two forms of agreement for the badge, please sign and return one copy and keep the other. Your badge, which is returnable in accordance with the conditions of the enclosed agreement, will then be forwarded.

Your number on the Queen's Roll is 26584 and should be quoted on all correspondence with the Institute.'

Pat was very honoured to become a Queen's Nurse, and even missed out on getting her

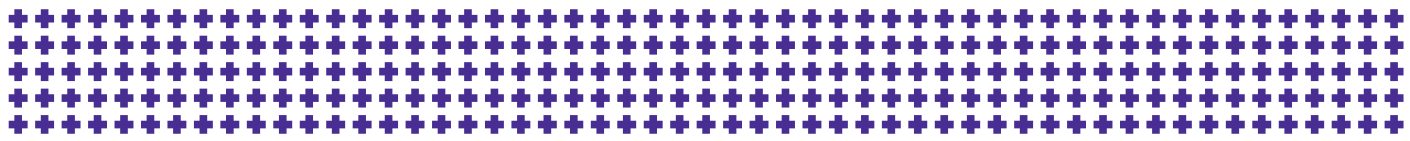
hospital badge. At that time to qualify as an SRN nurses had to work as a qualified nurse for at least six months before they were entitled to their hospital badge – as Pat was offered a place with The Queen's Institute before she had completed this period, she decided to forego getting her hospital badge so that she did not miss this opportunity – a decision she never regretted!

In 1961 Pat started a position as Second Sister on a medical ward at the City Hospital of Nottinghamshire – she met her future husband when out dancing at The Palais in Nottingham. They fell in love and married in 1963 at Braddan Church, Isle of Man, where she became Mrs Patricia Clayton. Two daughters, Julia and Jayne, were born before the family moved to North Devon in 1968.

Pat continued to work as a District Nurse and later became the College Nurse, working part-time after being diagnosed with MS.

Pat died on 11th May, 2020, three weeks after her diagnosis of cancer – she received excellent nursing care and chose to die in hospital in a bay which is now known as "Pat's corner". Pat continued to share stories of her nursing days, giving advice and words of wisdom to everyone right to the end.





Six New Members to QNI Governing Council



for community nursing. Our Council members include experts in policy, service delivery, nurse education, and charity finance and administration, giving the QNI the necessary skills to put its new Strategic Plan into action in the coming years, and support community nurses to deliver essential healthcare to people, families and communities in England, Wales and Northern Ireland.'

Dr Crystal Oldman CBE, QNI Chief Executive commented, 'It is a joy to see six new Trustees with such

The QNI has appointed six new members to its governing Council, who are the charity's trustees.

The appointments were made in December 2020 and the new Council members will join the next Council meeting in March 2021. The new Council members are (l to r above): Dale Carrington, Clare Hawkins, Helen Mehra, Dr Judith Graham BEM, Neesha Oozageer Gunowa and Dr Angela McLernon OBE.

Professor John Unsworth, Chair of Council commented, 'I am delighted to welcome the new members of the QNI's Council. We are very fortunate to have such very strong range of talents and wealth of experience among our trustees. These new appointments will allow us to build on that strength, at a crucial time in the charity's history and a time of huge opportunity

complementary expertise joining the QNI Council. The ways in which nurses serve all citizens is hugely varied in terms of the knowledge, skills and scope of practice they bring to the role. Our new Trustees reflect that diversity and will help to shape the work of the QNI and the successful delivery of the new strategic plan 2021-25. I am very much looking forward to working with them all in taking the QNI to the next stage of our development, building on our heritage as the oldest nursing charity in the world. Our creators, William Rathbone and Florence Nightingale would be proud to see the ongoing commitment of our new Trustees to improving nursing care in the community.'

Short biographies of all the charity's Council members can be seen on its website at: www.qni.org.uk/explore-qni/about/our-people/qni-trustees/





The National Garden Scheme News

Online Talks



The National Garden Scheme are holding a programme of online talks to hear behind the scenes information and hear from the garden owners themselves.

Talks start in February through March at the moment and feature talks such as 'Twenty Years with Twenty Acres - a story of Hurdley Hall'; 'Our Pinsla adventure: from woodland wilderness to rural idyll'; 'Triumphant tulips - Live online talk with Phillipa Burrough at Ulting Wick'.

There is also a recording available of the Annual Lecture 2020, 'Gardens are for People' with Tom and Sue Stuart-Smith.

Tickets for the live sessions start at £10, for more information or to book, please go to <https://ngs.org.uk/product-category/online-events/>

NGS recipes



Jane Asher's Coconut Snowball Cookies

The NGS feature a whole host of sweet and savoury recipes on their website supplied by supporters and beneficiaries (including the QNI!).



Edible Flower Biscuits

Wednesday, August 5th, 2020

They have some excellent biscuit recipes to try as well as some comforting seasonal soups.



Ginger biscuits

Monday, November 4th, 2019

To find a recipe to fit your mood and palate, go to <https://ngs.org.uk/discover-more/recipes/>



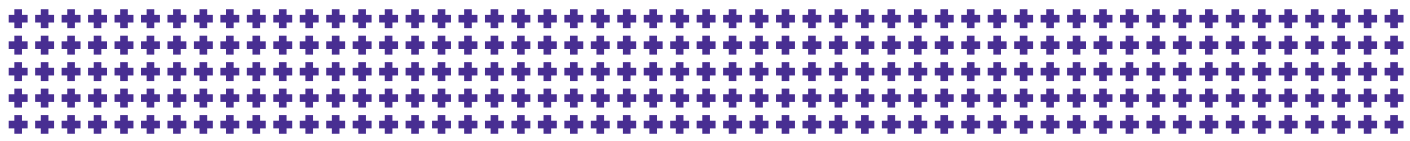
Garden Visitor's Handbook 2021

Order your essential garden-visiting book now.

With over 3000 gardens to choose from, your perfect garden visit awaits!

To book, go to <https://ngs.org.uk/shop/books/pre-order-the-garden-visitors-handbook-2021/>



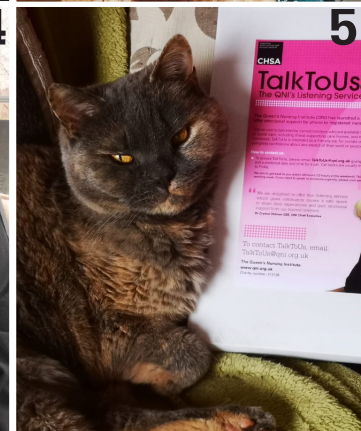


QNI pets

Here are some of the QNI team, with their lockdown colleagues (aka pets) who have helped to keep them sane during the pandemic:

1. Jo Moorby, Grants Manager, with her 12 year old Jack Russell dogs, Meg (on Jo's lap) and Dolly, sisters from the same litter of puppies;
2. Matthew Bradby, Head of Communications, with his fish, Pedro, a golden severum cichlid;

3. Joanna Sagnella, Publications Manager, with her dog Lyra, a 1 year old cavapoo;
4. Justine Curtis, Grants Officer, with her dog, Mojo, an Australian labradoodle;
5. Suzanne Rich, Keep in Touch Project Officer's cat, Gracie, helping with the promotion of the QNI's TalkToUs listening service.



If you would like to feature your pet in the next HomeVisit, email joanna.sagnella@qni.org.uk with a photo of your pet and a few lines about them. We look forward to seeing them!

Feedback

We would love to know what you like (or would like less of!) about the newsletter, and if you would like to send in any reminiscences, we would be delighted to feature them. Please email us at joanne.moorby@qni.org.uk.

Address changed?

If you have recently changed address, please let us know either by emailing us at mail@qni.org.uk.

QNI News as it happens - online



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